

# Charlotte Star Ball

## Preliminary Schedule for International Open Training Camp April 18th, 2021

8:30 am	Muscle Awakening
9:00 am	Ballet
9:45 am	Lectures and Private Lessons Begin-Ongoing
9:45 am	Lecture: Dance Styling
10:30 am	Lecture: Musicality
11:15 am	Lecture: International Latin
12:00 pm	Lecture: Lead & Follow
12:45 pm	Ballroom Attire
1:15 pm	BREAK
1:30 pm	Lecture: Importance of Alignment
2:15 pm	Lecture: International Ballroom
3:00 pm	Lecture: Latin Technique
3:45 pm	Supervised Rounds
5:15 pm	END

Cost: \$100 per person, \$200 per couple.

### Coaches Available for Private Sessions:

- Martin Smith
- Phillip Stephens
- Mariia Karpova
- Slava Vishakovs
- Katrina Volgina
- Ruslan Wilder
- Renata Shvarts
- Yelena Vesnovskiy
- Karina Smirnoff
- Ronen Zinshtein
- Nina Estrina
- Gianni Caliandro
- Karolina Szpiech
- Andrea Zaramella

Please send requests for private lessons to:

[charlottestartball@gmail.com](mailto:charlottestartball@gmail.com)

Send payments to: Dance Promotions, 3107 Rock Springs Rd, Charlotte, NC 28226  
or Paypal payments to [charlottestartball@gmail.com](mailto:charlottestartball@gmail.com)